

MBS FX PRO HEEL STRAP INSTALLATION INSTRUCTIONS

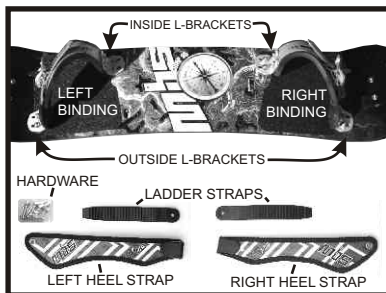
1. Prepare Tools:

- 8mm Wrench (F2/F3 ONLY)
- 4mm Hex Key
- 3mm Hex Key



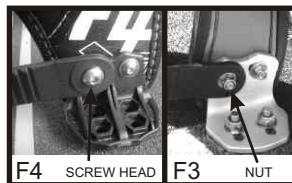
2. Identify Parts

- Ladder Straps
- Left Heel Strap
- Right Heel Strap
- Inside L-brackets
- Outside L-brackets
- New hardware
 - Screw for F2/F3 (4)
 - Screw for F4 (4)
 - Nut (4)
 - Washer (4)



NOTE FOR F4 BINDINGS:

The pictures in this manual show F3 bindings. For F4 bindings the screw direction is reversed and the nut is replaced by a threaded insert within the F4 strap.



3. Left Binding - Install Ladder Strap:

- a - Remove existing screw and washer from the "Inside L-bracket".



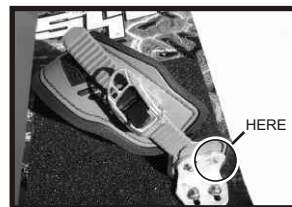
- b - Attach ladder strap to L-bracket using new hardware provided.

Note: Screw should be tight enough to prevent the Ladder Strap from falling down when raised up.



4. Left Binding - Install Heel Strap:

- a - Remove existing screw and washer from the "Outside L-bracket".



- b - Attach Heel Strap to Outside L-bracket using new hardware provided.



Note: Hardware should be tight enough to prevent the Ladder Strap from falling down when raised up.

5. Right Binding -

Install right Heel Strap and Ladder strap on right binding using the same procedure used for the left.



6. Feed Ladder Strap into the Cam-Lock buckle.



7. Adjust size to best fit your foot.

8. Clamp down Cam-Lock lever to lock buckle. Make sure the Cam-lock teeth mate perfectly with the Ladder Strap teeth.



Tips:

1. Stow-Away Position - When you don't want to ride with your heel straps (i.e. for pushing, or for one-foot tricks), flip them up over the top of your bindings. Adjust length so they won't fall down.
2. To get your foot in and out of your bindings, use the ratchet buckle on your bindings.

Note: For F2 Bindings, or for F3 Bindings with Cam-Lock buckles, MBS recommends purchasing F3 Ratchet buckles for your Heel Straps. This will make it easier to undo the Heel Strap to get your foot in and out. Visit www.mbs.com for details.

